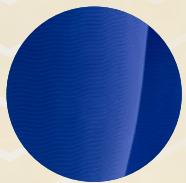


SOLIDEA®

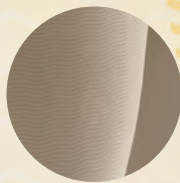
BE YOU Tonic®

FEEL THE
WAVE

Choice of colours:



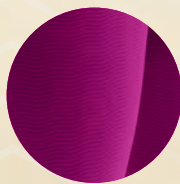
Blu Tonic



Champagne



Nero



Ribes

3D Patented
Wave-Knit Technology

Micromassage compression



NEW from
May 1st 2026

Exclusively available from

Daylong
DIRECT.

Advanced Compression for Lipoedema & Oedema Management

Solidea BE YOU Tonic & Tonic Curvy leggings combine graduated compression (15–21 mmHg) with patented wave-knit micromassage technology to support lymphatic drainage, reduce pain, and improve patient outcomes.



Also available:

+ **BE YOU CAPRI**
and Capri Curvy



+ **BE YOU TONIC PRO**
and Pro Curvy

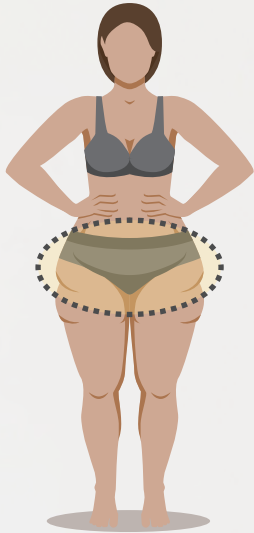


Patented 3D Wave Technology
Movement-Activated

+ **BE YOU TONIC CURVY**
Shaping Leggings

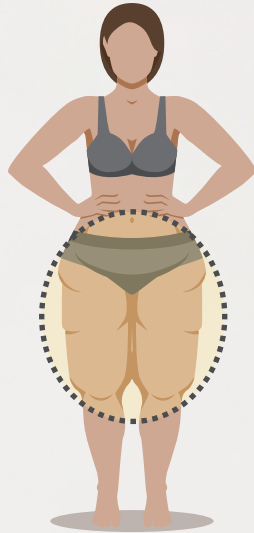
+ **BE YOU TONIC**
Shaping Leggings

Lipoedema Types



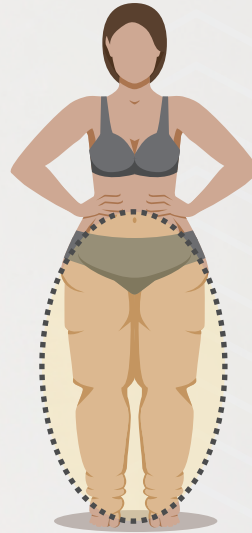
TYPE 1

Hips



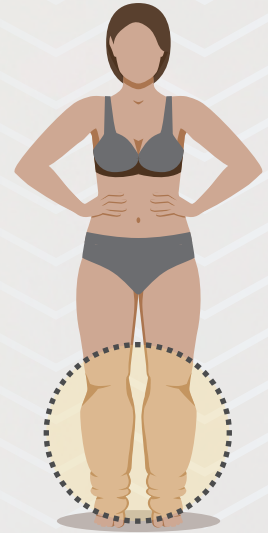
TYPE 2

From Hips to Knee



TYPE 3

From Hips to Ankles



TYPE 4

From Knees to Ankles

Lipoedema: High Prevalence, Delayed Diagnosis, Unmet Compression Needs

- May affect up to 11% of women²
- Diagnosis is often delayed, with >10 years reported in nearly half of patients^{3,4}

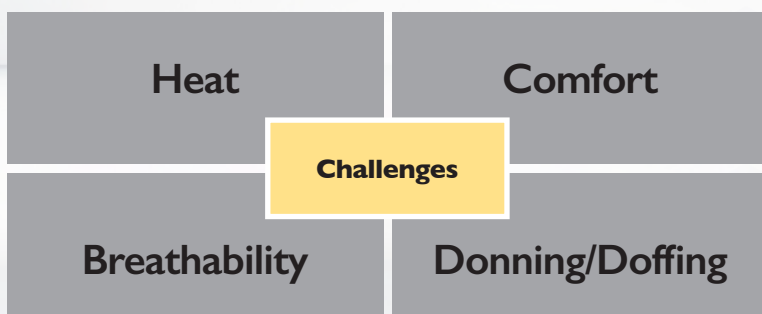
Patients may experience^{3,4}:

- Chronic pain
- Swelling and heaviness
- Reduced mobility
- Poor quality of life

Compression is a cornerstone of conservative management, but standard lymphoedema garments may be poorly tolerated in lipoedema. Survey findings show:

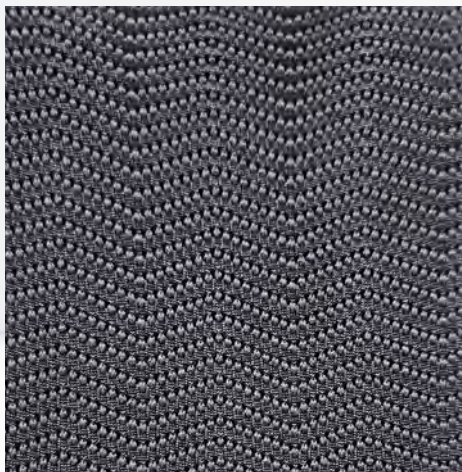
- 87% of patients reported being prescribed or purchasing compression⁴
- 7% wore garments daily and 10% did not wear them at all⁴
- 45% found them uncomfortable or very uncomfortable due to heat⁴

Common barriers include⁴



Why BE YOU Tonic?

Feature	Benefit	Clinical/Patient Relevance
15–21 mmHg compression + micromassage	Supports venous/lymphatic return	Pain and total symptom score reduced ¹
Patented 3D wave-knit fabric	Stimulates microcirculation in movement	Swelling, heaviness and volume reduced ¹
Micromassage surface action	Supports superficial tissue stimulation	Reduced SAT thickness on ultrasound; skin smoother/tissues more compact ¹
Breathable comfort fabric	Helps cooler, more comfortable wear of garments	Supports daywear use
Opaque with Regular + Curvy styles + colours	Clothing-like look and broader fit	Supports confidence and wearability

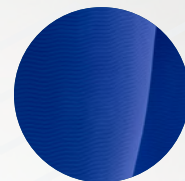


+ Close up
Outside of the garment



+ Close up
Inside of the garment

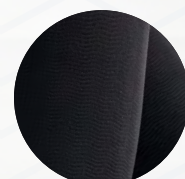
Choice of colours:



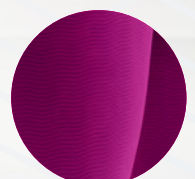
Blu Tonic



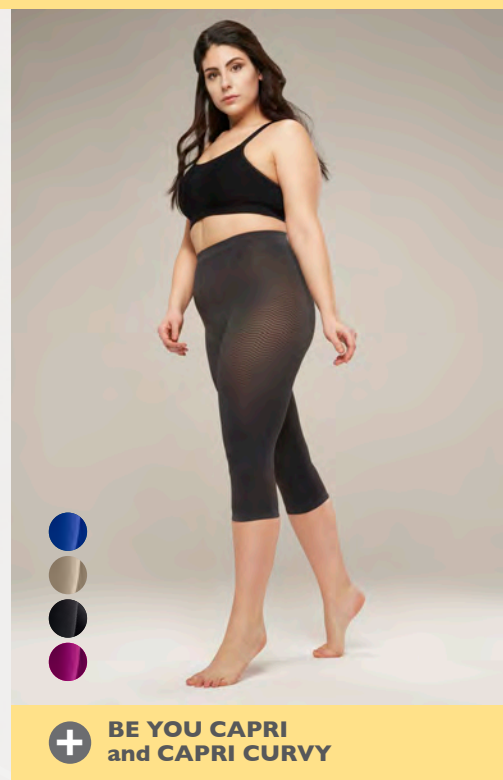
Champagne



Nero



Ribes



Clinical Evaluation in Lipoedema¹

A 4-week prospective pilot study evaluated BE YOU Tonic micro-massaging compression leggings in women diagnosed with lipoedema. The study included 29 participants, with daily wear for 3 consecutive hours, including 1 hour of moderate physical activity and 2 hours of usual daily activity. Outcomes included subjective symptom scores, pain, limb volume and ultrasound tissue assessment.

Reported outcomes after 4 weeks

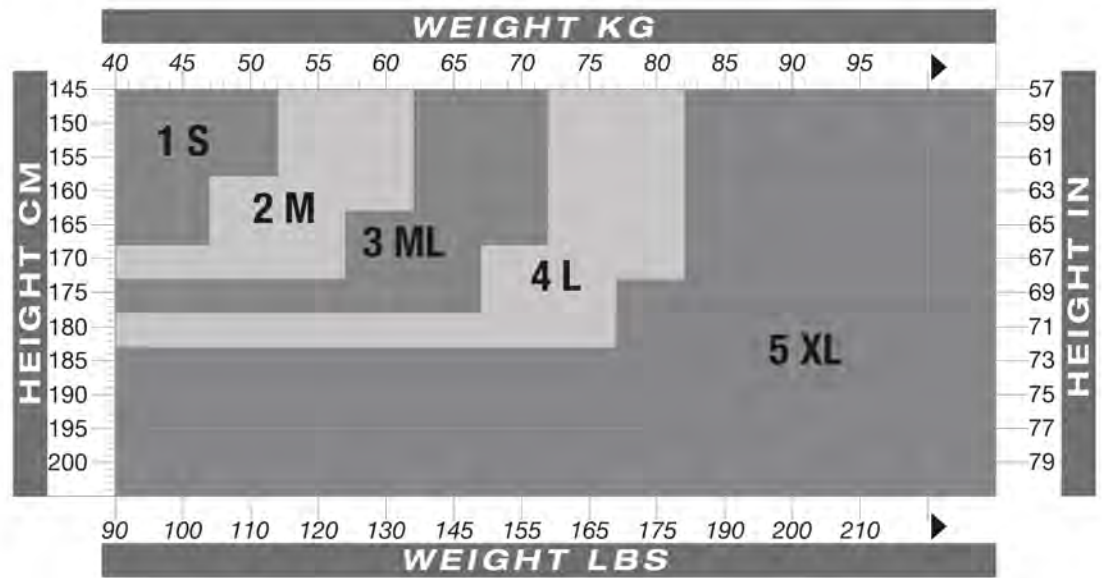
- Significant reduction in spontaneous and evoked pain
- Significant reduction in lower-limb volume, with average volume reduction reported at 7.10%
- Significant reduction in waist and hip circumference without significant BMI change
- Significant reduction in skin and superficial subcutaneous tissue thickness at multiple lower-limb points on ultrasound
- Improvement in subjective symptom scores including heaviness and swelling-related symptoms

Clinical Outcome

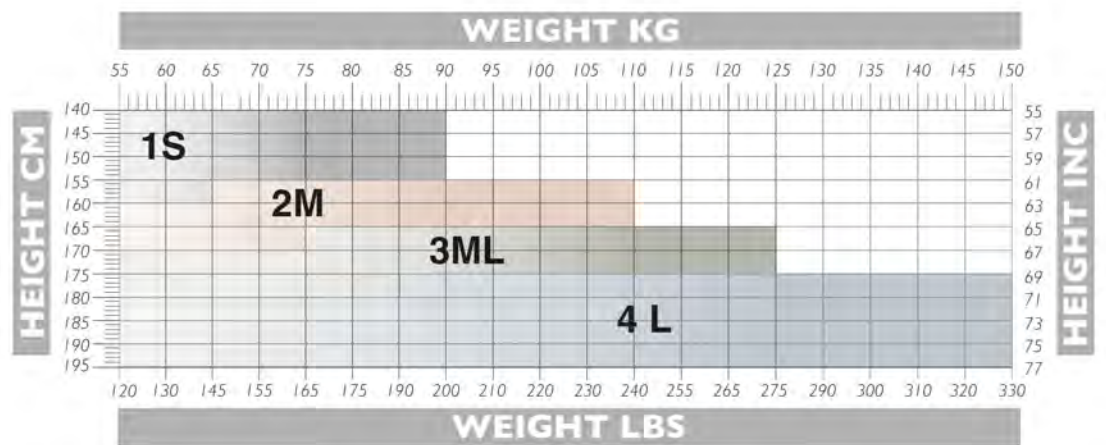
This pilot study suggests that micromassaging compression used with movement may contribute to measurable symptom and tissue changes within conservative lipoedema management. As a pilot observational study, it supports clinical use but should be presented as emerging evidence rather than definitive proof across all lipoedema populations.

BE YOU Tonic is a lower-body compression range for lipoedema and chronic oedema. It combines 15–21 mmHg graduated compression with patented 3D micro-massaging wave fabric to support venous and lymphatic return. Its breathable, opaque design makes it suitable for everyday wear.

**BE YOU Tonic
Measurement
Chart**



**BE YOU
Tonic Curvy
Measurement
Chart**



For more information please scan the QR code

Available in 2 shapes (Tonic, Curvy) and 3 styles: Legging, Legging Pro (with open toe feet) and Capri shorts.

Exclusively available from
Daylong DIRECT.

To find out more visit www.daylongdirect.com
For further support please contact us on:
Telephone 0115 932 0144
Email sales@daylongdirect.co.uk

Please scan the **QR code to shop online**



- Ricolfi L, Reverdito V, Gabriele G, Bortolon M, Macherelli I, Haag P, et al. Micromassage compression leggings associated with physical exercise: pilot study and example of evaluation of the clinical and instrumental effectiveness of conservative treatment in lipedema. *Life*. 2024;14(7):854.
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- Fetzer S, Hill T. Challenges of managing lipoedema: insights from patient/clinician surveys. *J Community Nurs*. 2025;39(1)