

A guide for made-to-measure compression hosiery



Sponsored by
**Credalast Velvet
and Classic**

Customer scenario 1:



When fitting a customer for British Standard Class 2 stockings, you might find that her foot length and thigh measurements do not align with standard sizes, even if there is no swelling. Solution: This customer requires MTM (Made-to-Measure) hosiery. Credalast® Velvet or Classic MTM stockings are specifically tailored to fit the customer's precise measurements, providing both comfort and performance. Ensure to clearly mark the prescription as 'MTM' and, if needed, as 'MF' to indicate that the hosiery was measured and fitted. Remember: You'll need to measure the customer and send the completed measurement form via fax or email to the manufacturer. Make sure all sections are completed and details match those on the prescription. Mistakes or missing information can cause delays in receiving the correct product and affect the customer's wellbeing.

MTM hosiery, tailored to fit individuals with unique leg and foot sizes, requires more measurements than standard sizes to ensure proper fit and support. There are two options available for MTM stockings:

Credalast® MTM compression hosiery is now available in two ranges:

- **Credalast® Velvet** – includes Climate Effect technology that wicks away moisture and improves air permeability, helping the wearer feel comfortable all day. The 'velvety' feeling and finer yarns are designed to give greater stretch, making it easier to apply.
- **Credalast® Classic** – a slightly thicker fabric profile for a more traditional look and feel stocking.

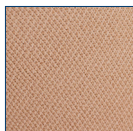


Thigh length open and closed toe

Below knee open and closed toe



Credalast® Velvet Heel



Credalast® Velvet Fabric

Customer scenario 2:

A customer mentions that his prescribed compression hosiery is uncomfortable and improperly fitting. Upon review and re-measurement, it's evident his leg size has changed, making stock size hosiery unsuitable. Solution: His condition might have evolved, caused by minor swelling. Contact the prescriber to consider switching to Credalast® Velvet or Classic MTM hosiery.

When should you measure the customer?

The effectiveness of compression hosiery hinges largely on selecting the correct size, compression class, and stiffness profile for the customer. It is generally recommended that customers be re-measured every six months to account for any changes in their condition or leg measurements. Keep in mind that some customers might feel embarrassed or uncomfortable about having their legs measured.



Always ensure that:

- You clearly explain the measuring procedure and its importance.
- You take your customer to a private area of the pharmacy.
- If necessary, have an appropriate chaperone present. Offer this option to customers who may be feeling uncomfortable.
- Start the measurements at the top of the leg and move down, explaining each step. This can alleviate concerns about how high up the leg you will measure.
- Ensure the customer is standing for thigh-length stockings, and either standing or sitting with their feet flat on the floor for below-knee measurements.
- Customers need confidence in their ability to easily put on and remove their stockings to help with compliance. Advise them to take care when putting hosiery on over bony prominences to avoid skin damage.

Key points:

- Measurements should be taken as early in the morning as possible before the customer has been standing for long periods.
- Measurements need to be taken next to the skin for accuracy and not over clothing.
- Customers requiring made-to-measure (MTM) hosiery for each leg must have both legs measured, as they may be different sizes.
- How long will it take for the hosiery to arrive? 5 working days (on receipt of a full complete and correct measurement form).

1 Credalast Velvet
Made to measure

2 Class 2

3 Black

4 Below Knee/
Open Toe

5 2 Pairs

What should the NHS prescription look like for Credalast MTM hosiery

- 1 Type of fabric
- 2 Class of hosiery
- 3 Colour
- 4 Style
- 5 Optional extras and codes, including quantity

All hosiery prescriptions must contain the above information in order for the correct garment to be supplied to the patient.

Compression hosiery plays an important role in the management of venous and lymphatic leg conditions. While most patients will be able to fit into the standard stock sizes, there will be occasions when this is not the case.

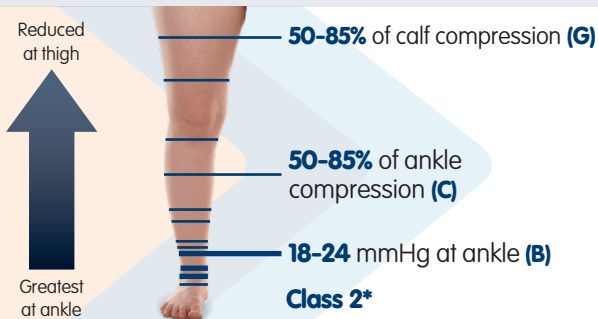
The pharmacy team should be aware of patients who have:

- Longer or shorter leg lengths than the standard profile
- Misshapen or distorted legs due to oedema (long-term swelling).

In such instances, don't just give the nearest size. Pharmacists and pharmacy technicians should advise customers to use made-to-measure (MTM) hosiery for proper support and comfort, preventing their condition from worsening. Use opportunities like repeat prescription pickups and MURs to check how well they are managing or spot any changes. Some patients may need MTM hosiery, while others with regular-shaped limbs might be better suited to standard sizes.

This graduated MTM hosiery is designed to manage and prevent certain venous leg conditions unrelated to chronic oedema. By enhancing blood circulation, they provide firmer compression at the ankles that gradually lessens up the leg, promoting gentle blood flow upwards.

How Compression Hosiery Works



*Please note Class 2 British Standard Hosiery used in example

British Standard	Range	Level of support	Disease progression
Class 1	14-17 mmHg	Light	Superficial and early varicose veins, including those during pregnancy
Class 2	18-24 mmHg	Moderate	Medium severity varicosis during pregnancy or prevention of venous leg ulcers
Class 3	25-35 mmHg	Firm	Management of chronic venous insufficiency, severe varicose veins; prevention of venous leg ulcer recurrence or post-thrombotic venous insufficiency

Scan the QR code to get the latest electronic MTM form



Credalast® MTM Velvet and **Classic** are specially manufactured to fit your customers' exact leg and foot measurements and should arrive at the pharmacy within five working days, provided all measurements are accurately filled in on the form. For the appropriate made-to-measure form for **Credalast® MTM**, please contact:

Daylong Direct at Tel: 0115 932 0144

Fax: 0115 944 0437 or

Email: Sales@daylongdirect.co.uk.